

NAVAL REGIONAL MEDICAL CENTER

MEMPHIS, TN.

VOL. 11 NUM. 3



Change of Command



ONCE UPON A TIME.....



WHILE WALKING THE LINE.....

"I relieve you, Sir." With these words, Captain Charner W. Bramlett became the 21st commanding officer of the NRMC Memphis, since the hospital's first commissioning in 1943.

Captain Bramlett relieved Captain Ross M. Lehman, Jr., 29 July in a traditional ceremony attended by many civilian dignitaries and the commanding officers of the various Navy Memphis commands as well as many civilian and military staff personnel. Rear Admiral Lando W. Zech, Jr., Chief of Navy Technical Training, was the guest speaker. Admiral Zech expressed his gratitude and best wishes to Captain Lehman, who served as his special advisor on medical matters. Also, Admiral Zech extended a warm welcome aboard to Captain Bramlett.

Captain Bramlett, former Commanding Officer of the Naval Hospital, Beaufort, S.C., pledged his efforts in continuing the tradition of the first rate health care delivery at the hospital.

Captain Lehman will report to the NRMC Long beach, California. During his regime here, Captain Lehman's accomplishments included the establishment of the Family Practice Clinic and the up grading of the Ambulance service.



AN EXCHANGE OF SALUTES.....



A NEW C.O. WE FIND.....

"BELLS" COMIN' BACK

EXPERIMENTAL



EXPERIMENTAL

Admiral James L. Holloway, Chief of Naval Operations, announced recently the Navy's decision to return to the traditional bell bottoms style uniform for sailors in pay grades E-1 through E-4. Personnel in this group were chosen because in an official Navy poll conducted last year, they expressed the greatest desire as a group to return to the bell bottom uniform.

During phase one of the return bell bottoms, 20,000 Fleet Unit personnel will be issued and will wear bell bottoms to evaluate the uniform for durability and ease of maintenance of new fabrics. Fleet Commanders in-Chief will select specific Navy Units to participate in the evaluation.

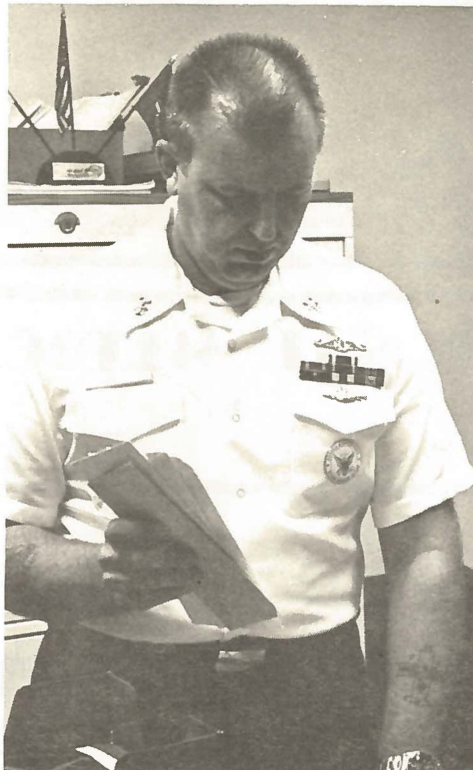
Both blue and white versions of the classic dress and undress Navy uniform with jumper and bell bottom styling will be evaluated. Fabrics to be evaluated include a blue serge material and a white cotton polyester blend. Blue melton material from which previous bell bottom blues were made, no longer is available in the quantity required, and the white cotton polyester material is expected to be an improvement over the all cotton whites worn before. The traditional white hat also will be evaluated in the cotton polyester blend material.

By spring of next year, it is expected that the new bell bottom uniform will be available commercially also. At that time other eligible personnel will be authorized to purchase and wear the new uniform.

The Navy will stop issuing double breasted service dress blue coat to recruits during phase one. The current winter blue and summer blue uniforms will be authorized, as appropriate, for service dress wear during the evaluation period.

Final details of the full uniform conversion plan will be determined and announced following the evaluation period.

NEW MCPOC



SORTING THE MORNING'S MAIL.....

Currently filling the billet of the command's Senior Enlisted Advisor is Master Chief Hospital Corpsman Albert J. Majni. Chief Majni enlisted in the Navy in 1953, his duty assignments including a tour with the Fleet Marine Force and with the exception of his last duty station, were independent duty assignments since 1956 placing him in a Harbor Control Post, two Naval Reserve Training Centers, and five submarine three of which were nuclear powered.

Originally from Ohio, Chief Majni and his wife, Mary, now make their home in Millington and are considering permanent residence here.

When asked what he thought about the center and his job, his reply was,

"Sailors never cease to amaze me, for the short time that I've been here, I've heard nothing but praise, in almost all instances, of the treatment that is rendered here. In view of the shortage of medical officers, this speaks very highly of the professionalism and the dedication to duty that the staff routinely displays in their daily dealings with patients. As

far as my primary assignment of Senior Enlisted Advisor, I see it as a definite challenge and the opportunity to contribute to a cohesive unit; but even though the link to the decision making authority is there, this job requires that suggestions as well as gripes be brought to their attention and the one way to accomplish this will be through your willingness to convey your feelings using this office as a sounding board. In an effort to facilitate this, come into room 236, call me at 5837 or just stop me wherever you see me in the center".

Navy Campus for Achievement

Since Mrs. Cecilia Jones' departure in July, Ms. Molly Goltman has been busy as the Navy Campus for Achievement advisor, especially with the fall quarter (semester) around the bend. As the NCFA advisor, Molly will assist those personnel interested in furthering their education on an off duty basis.

Six schools offer on-base courses for active duty personnel and their dependents as well as the civilian community, these schools are: EMBRY RIDDLE AERONAUTICAL UNIVERSITY, MEMPHIS STATE UNIVERSITY, PEPPERDINE UNIVERSITY, SHELBY STATE COMMUNITY COLLEGE, STATE TECHNICAL INSTITUTE AT MEMPHIS, and the UNIVERSITY OF ARKANSAS.

Ms. Goltman will assist you in applications, tuition aid, CLEP tests, GED tests, ACT & SAT tests, and advise you on the courses best suited for your field of interest. Feel free to stop in and see her in Room 223 or you may call her at 5847.

QUESTION 26:

SIMPLE MINDED PEOPLE,
WITH SIMPLE MINDED DREAMS
HOLDING THEIR HEARTS WHILE
THEIR LIVES GO ON
IN AN ENDLESS STREAM.
THERE IS NO HOPE FOR THEM
LIVING IN UNREALITY WHILE
THEIR EXISTENCE DRIFTS AWAY.
AND FROM THE ECHOS OF MY MIND
TO THE DEPTHS OF MY EYES,
WONDERING IF I'M TRULY HERE;
IS THERE A GOD,
OR JUST I?
HIA CLARK

OUTBREAK: RUBELLA

LT. J. BARTLETT

An outbreak of viral exanthem symptomatically similar to an outbreak involving 45 personnel the previous year, started on January 31, 1977, at the Naval Air Station, Memphis, Tn. The group involved consisted mostly of 18-20 year old men and women Marines, who had recently reported to the station for advanced training following graduation from recruit training centers located at Parris Island, S.C. and San Deigo.

Acute serum specimens were sent to the Tennessee Department of Public Health Laboratory at Nashville where, based upon a general rise in antibody titer levels, a tentative diagnosis of Rubella was established. Questionnaires were completed on students admitted to the Naval Regional Medical Center Memphis as to their medical history and current symptoms (Table one). None of the students was acutely ill and generally just required rest for the following two months, before being immunized. A barracks was established as a quarantine facility for all new admissions, who were quarantined for a two week period. During the early part of the outbreak, the NRMHC blood bank, which is part of the American and Tennessee Association of Blood Banks, was closed because the donor population consisted mostly of students.

The outbreak did not spread to the surrounding community, and only to a very limited extent to Navy personnel attending the same training schools or at the same station as the Marine

CONTINUED ON PAGE 5

ALL IN THE FAMILY

CIVVY SAVVY

BY Frances Hawthorn



LOIS AND DEBBIE, POSTMISTRESSES.

Since August 12th, there has been a new face in the post office window. Ms. Debbie Fine is the new postmistress since her aunt, Mrs. Lois Oglesby, departed from the position she has held since September 1969.

The transfer of Mr. Oglesby to Moberly, Mo., necessitates their departure from Memphis where they have resided since his retirement from the Navy in 1963.

A farewell coffee was held in Lois' honor 12 August. Lt. Huju presented her with a letter of Appreciation from the Commanding Officer for her dedication and outstanding performance of her duties as postmistress.

May our best wishes be with them as they face this new adventure in Missouri.

Do you know that the official bulletin board for civilian employees is located on the ground floor of the hospital just across the hall from the Navy Exchange Store and adjacent to the Supply Services office. Watch it for merit promotions, announcements, overseas vacancies and other information of interest to civilian personnel.

WELCOME ABOARD TO: Dr. R.A. Woodbury, Emergency room; C. Osley, Operations Management Service; FAREWELL TO: J.E. Brewer, Operations Management; Anna G. Clark, Nursing Service; G. Williams, Food Management.

CONGRATULATIONS to the following civilian personnel who received outstanding performance ratings for the period ending 31 March: Willie R. Barret, Effon Boyd, Jeanette M. Carlson, Joyce A. Childress, Emery F. Payne, Mary M. Hawthorne, Abie Joffe, Gayle C. McElhaney, Eliza B. Payne, Mary F. Slover, George Ann Sowders, Irma F. Sutherland, Sandra O. Thweatt, Amy A. Turnage, and Maurine S. Wiggins.

Staff personnel Service has obtained a limited supply of the pamphlet "Your Retirement System July 1975 revision. If you are interested, stop by room 228 for your copy.

What a FEDERAL EMPLOYEE SHOULD DO WHEN INJURED AT WORK. Report the injury to the supervisor, obtain medical care, file written notice, obtain receipt of notice select leave or continuation of pay. Personnel in the operation Management Services of this medical center and the Naval Air Station Safety Office will assist in the proper procedures.

Do you know a way to get the job done better, in less time, how to eliminate waste? put your ideas in the form of a beneficial suggestion and submit to the Administrator of the Beneficial Suggestion program, Staff Personnel Service. Forms for submitting suggestions may be obtained in the Staff Personnel Service. Now is the time to move... submit your suggestions today.

TABLE 1 COMMONLY REPORTED SYMPTOMS	
SYMPTOMS	% PATIENTS
Diffuse macular rash	100
Sore throat	82
Lymphadenopathy	82
Low-grade fever	76
Sinus condition	66
Arthralgia	50
Productive cough	47
Headache	42
Painful eye movement	37
Photophobia	32
Conjunctivitis	21
Diarrhea	21
Nausea/Vomiting	18



"First of all, sir, the men appreciate the fact that you're trying to develop a youthful image..."

THOT

EVERYONE can give pleasure in some manner; some can do it by entering a room, another by leaving.

imagine this. . .

You are at your Job, doing whatever you are supposed to be doing. A friend walks up to you and says, "Hey, I've got a problem." What would you do?

Chances are good that you would take some time to listen, then give the best advice you are capable of or find someone who could be of more help. Simple wasn't it?

But now, think. Why did you do that? Why not ignore the plea? Why bother? Don't you have enough problems of your own?

Could it be you did it because you care? Now, that is an important factor: CARING! Most of you out there probably have someone or some people you can turn to when you have something bothering you. It's easy to go to a friend and use him or her as a sounding board for the things that bug you. We all have problems that tend to occupy our thoughts. The feeling is great, when you can turn to someone and talk about it. Even if the problem is not entirely solved at least you have brought it out and now have another person's opinion. You feel good a little closer to the one you spoke with. But what if no one listened?

When someone is sitting in front of the NP Clinic, do you cast quick glances and wonder if they are "crazy"? Are you afraid that if you took time out to get to know that person, you might see some of yourself?

One of the main differences between the two of you is that he has sought help or done something to express a need for help with his problem(s).

This is exactly what happens



HN PATE AND HA GREY LISTENING...



HN PATE, HA CLARK, HA GREY, and
HN STRANGE--3-E's "ANGELS"

on 3-East or, as we all officially know it, the Neuro-psychiatric ward. The people who work up there really have to care a lot to be able to sit there and listen to someone else's problem all day. It may not be the most obvious at times but that is one of the biggest reasons they want to work there. Now I know that all the staff aren't angels of psychiatry, yet most of the staff really want to help and, find something fascinating about it. It's really interesting once you get involved with it.

Now granted, some of the patients who came through there just wanted to get out of the military. But most of them really needed help. No one else had taken time to listen. Now the staff tries to compensate for that past injustice.

Progress with patients can't be measured, as say, the mending of a broken arm. You have got to be watching the whole process to fully understand and see. Sometimes it's just a matter of days, some never seem to get better. Frustration plays a big factor then because you can't let them go. There is no set time limit on treatments. They are there as long as it is deemed necessary, which can become a very long time.

What if you didn't have anyone to turn to? No one listened, no one cared. Where would you go? Would you go.....crazy? It's a definite possibility.

Think about it next time you are jokingly discussing what goes on up on 3-East, or watching someone whom you don't feel is in complete control of his faculties.

Who knows, one day they might turn to you for help. Or you might wake up to find that the one doing the asking is you.....

JAMES MCPHERSON, HN

HAIL

CAPTAIN CHARNER W. BRAMLETT
CDR DAVE HOWE
LCDR JAMES SOLMEN
LCDR BRUCE BRANITZ
LCDR LAUREN DAMAN
LCDR WARD PARSONS
LCDR WILLIAM PATTERSON
LCDR DONALD GALE
LCDR BRYANT NOBLES
LCDR NICKIE CUMMINGS
LCDR JAMES BLACKFORD
LCDR MICHAEL MCLESKY
LCDR THOMAS MABEE
LCDR PAUL McCHRISTIAN
LT ROBERT MANIS
LT LONNIE SESSLER
LCDR JOHN JAYNE
LT CLEMMIE WILLIAMS
LT ROBERT WILLIAMS
LT SALLY AULT
LT WILLIAM BOND
LT GARY ELLIOT
ENS MICHAEL DENNY
ENS JANIE BLAND
LTJG WILLIAM CHISM
ENS KATHRYN BRADSHAW
ENS CAROL GREENE
ENS PETER SCHWAGER
HMCM ALBERT MAJNI
HMCS RICHARD HESTER
HM1 GARY GAGE
HM2 ROBERT KILCHESKI
HM2 ROBERT METHENY
OS2 EMBRY MOSLEY
HM3 LOUIS WEISS
HM3 BRENT MULLIS
HM3 RICHARD SNOW
HN CAROLYN THURN
HN DANIEL HERRING
HN BRENDA HARRISON
HN ROBERT DONLEY
HN JOSEPH LAMB
HN JOSEPH WEINGARTEN
HN ROBERT LARSEN
HN JAMES CRISLER
HN EDWARD REYES
HA JAMES DICKIE
HA STEVEN GINGRAS
HR KEVIN LYNCH
HM1 DENNIS HALLEY

THOT

Statistics show that most accidents happen in the home, so play it safe--don't go home.



OUTBREAK:

CONTINUED FROM PAGE 3

Corps personnel. One of the few exceptions was the medical officer, LCDR Frazier, who examined many of the students. In addition to the coron symptoms, he developed a painful arthritic condition.

The outbreak slowly subsided and ended after 12 weeks, during the week of 18 to 24 May. A total of 196 personnel were admitted with Rubella, and approximately 35 individuals with homes in the nearby communities were sent home to convalesce following diagnosis. Recovery for all patients was uneventful and all were returned to duty.

The Rubella outbreak was limited in size, to a large extent, as the result of the fine, cooperative effort of many staff members. A great deal of extra time and effort was expended inscreening, admitting, and caring for all those who contracted Rubella and in conducting a large scale immunization program. Not only those who were directly involved in the control program but also those who took on additional work within their departments while other members were assigned to the control program, deserve a commendation on a job well done.

QUIP

If my boss did everything he tells me to do, he'd work his fool self to death.

ADVANCEMENTS

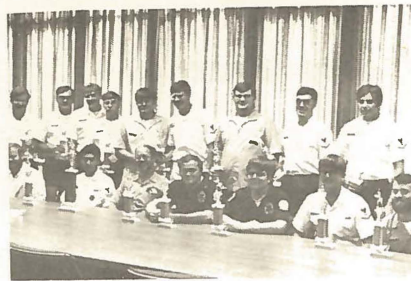
TO HA

TODD SONNENBERG
CHANDLER PATRICK

TO HN

MARK LOCKWOOD
JEFFERY KING
RAYMOND CAST
LARRY GATLIN
WILLIAM HARRIS
JOSE PALAFOX
DAVID WHITE
MARIO CARTER
CHARLES BAILEY
RICK DURHAM
MICHAEL KIRBY
DAVID WINDHAM

APOLOGY: LAST ISSUE WHEN ANNOUNCING THE ADVANCEMENTS TO PO3, DT3 BRIDGET HERNANDEZ WAS LEFT OUT OF THE COLUMN. HERE IT IS, BRIDGET!



THE SOFTBALL CHAMPS WITH TROPHYS

NRMC # 1

The Misfits did it again. This time in the slowpitch championship game against BE&E July 25th.

With a starting line-up of Steve Beaver-pitcher, Dave Grose 1st, Dave Martin-2nd, Al Slienger Shortstop, Mike Johnson 3rd Larry Wiggins-right field, Jerry Phares-short center, Al Carmaich el-center, Kenny Walter-left field, and Dan Hollenkamp-catcher, the guys had it all together.

EE&E was first to score in the top of the second on an error. In the bottom of the third, Hollenkamp came home on a double by Beaver tying the score.

The crowd's mood swayed from elation to depression as the two teams traded hits and outs, more outs than hits actually. Nevertheless, in the bottom of the fifth the Misfits scored a couple more runs when Grose hit Hollenkamp and Beaver home. Alas BE&E was left behind 3-1 as the tension mounted.

The climax came in the top of the seventh when BE&E was at the plate with two down and Schmidt up to bat. The pitch was in and the swing, on target, sent the ball sailing into R.F. Wiggins backed into position as the crowd held their breath. Down came the ball, right into his glove and the crowd went wild.

All the tension of a long hard fought season came to a halt as the team exuberantly ran from the field. A well deserved win for our guys.

CONGRATULATIONS.

ANNOUNCEMENTS

The Meritorious Awards Council selected HMC Philip Armstrong as recipient of the Semi-Annual Leadership Award. Captain R. Lehman, Jr. presented HMC Armstrong with the certificate on 1 July, 1977.

LCDR Warren Peterson, Comptroller, retired from Active Duty 1 August after 23 years.

HM3 Hollis Hence was presented his OJT certificate as an ENT technician July 25th.

HMC Rowe, Chief Pharmacy Tech transferred to the FLEET RESERVE 5 August after 21.5 Years of active duty.

EM3 Carl Peach reenlisted for a period of four years 25 July at the Branch Clinic.

LTjg. Alice Anderes and HM2 (ss) James Schroeder would like to announce their engagement as of 9 April. A date has not yet been set.

HN Stephen Young and Miss Crosslin are planning a November 26th pledge in matrimony.

LT. Robert Williams was promoted to his present rank 4 August. Captain Bramlett was assisted by Mrs. Williams in the ceremony.

HM3 Clark Wilson reenlisted for a period of four years 8 August.

HM3 Mark Bullard reenlisted 12 August for a term of four years.

"Job well done" certainly belongs to four of our EMT staff. On July 26th, HM3 Russel Curtis, HM3 Gregory Reese, HM3 Charles Weathers, and HM3 Mark Bullard took the State of Tenn. EMT practical Exam. Out of a possible correct score of 200, HM3 Bullard and HM3 Weathers scored 200. HM3 Curtis and HM3 Reese scored 187. These are the highest scores ever made on the exam.

HM3 Richard Dratz reenlisted 24 August for a period of five years.

HM3 ANDREW FISHER reenlisted for a two year period 29 August.

HM3 William Nelson took a six year oath 31 August.

Retirement ceremonies for LCDR DONNA RUUD were held on 31 August. Ms. Ruud retired with 20 years of perfect attendance.

THOT

A maiden lady in a small mining town told the town gossip that a neighbor of hers must be drunk all the time; his car was often parked in front of the tavern, all night.

The neighbor heard the tale--and for three nights parked his car in front of the old maids house.

Navy women

Happy 35th anniversary!

WASHINGTON, D.C. (NES) Many cigars were chewed to shredded stubs in Washington during the winter of 1941-42. One reason: the Navy faced the approaching requirement of incorporating women into its organization as members.

The women's presence on the home front would release much needed manpower for the battlefront. The measure had already been taken by the British and although such measures seemed extreme to many in the United States, they had to be taken.

So, on July 30, 1942, Congress authorized the establishment of the Women's Reserve with an estimated goal of 10,000 enlisted women and 1,000 officers.

At the same time, Congress placed some limitations on this new organization. Women could not serve at sea or outside the continental United States, could not exercise military command over men and could not go beyond lieutenant commander on the promotion ladder.

Soon, the ladies were an integral part of the service. By their second anniversary, they had freed enough officers and enlisted men to crew a fleet of 10 battleships, 10 aircraft carriers, 28 cruisers and 50 destroyers.

As they proved their worth, the women were freed from some of the restrictions placed on them by Congress. By their third anniversary, women made up 18 per cent of all naval personnel on shore duty, performing almost every type of shore job.

Naval aviation used almost a third of all women in the Navy. Many repaired planes, packed

parachutes and collected weather information. At least four control towers in the U.S. were manned entirely by WAVES. Still others were Link trainer instructors, giving lessons to over 4,000 men daily.

As the Navy had grown in wartime, so had jobs for women. Mail service for the fleet and extracontinental activities were now handled primarily by WAVES. "Radio Washington," the nerve center for the Navy communication system, was 75 per cent manned by women and BuPers's complement was 70 per cent female.

After World War II, women on active duty decreased greatly, but they had demonstrated their value to the Navy. On March 27, 1946, the Navy asked Congress to authorize the enlistment and appointment of women into the regular Navy and Naval Reserve. The Women's Armed Services Integration Act, Public Law 80-625, was passed by the Senate and the House and signed by the President. It became law on June 12, 1948.

It's been 35 years since Congress authorized the establishment of the Women's Reserve. Now there are approximately 20,000 enlisted women and 2,000 officers serving on active duty. Enlisted women are eligible for 84 per cent of the Navy's technical schools and for all but sea-going jobs.

Women officers are now aviators, commanding officers, officers of the line and rear admirals.

To sum it up, Navy women have done the impossible by achieving milestones their predecessors only dreamed of.

THE STORK
REPORT

GERMAN

BABY GIRL
7 lbs
21 JUNE
THOMAS & RUTH

WELLER

BABY GIRL
25 JUNE
8lbs 6oz
SAM & SHERYL

ADAMS

BABY GIRL
23 JULY
6lbs 13oz
LARRY & PAMELA

BURCHUK

BABY GIRL
27 JULY
5lbs 6.5oz
DANIEL & KATHY

ATKINSON

BABY GIRL
7lbs 15 3/4oz
ROBERT & MARGARET
11 AUGUST

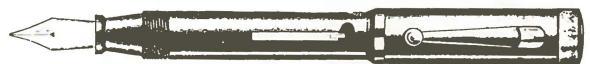
JARVIS

BABY BOY
26 AUGUST
9lbs 3oz
SAMUEL & JUDITH

FAREWELL

CAPTAIN ROSS M. LEHMAN JR.
CAPTAIN MATTHEW CUMMINGS
CAPTAIN GEORGE MATHEWS
CDR ELLEN STAMMER
LCDR DONNA RUUD
LCDR WILLIAM BENNETT
LCDR ALPHONSO JONES
LCDR JOHN MOORE
LCDR JOHN MITCHELL
LCDR WARREN PETERSON
LCDR SIDNEY SIMPKINS
LCDR FRANK WINDHOLZ
LCDR DON ZENT
LT PRISCILLA GARY
LT JUDITH JARVIS
LTJG CAROL JESPERSON
LTJG MARGARET NEWELL
HMC JOHN ROWE
HMC RONALD OLLEY
HM2 LINDA HUCK
HM2 DONALD WRIGHT
OS2 RICHARD DESNOYERS
HM3 CHERYL GAINES
HM3 MARK MCGUIRE
HM3 MATT STEWART
HM3 "BUTCH" PRINCE
HM3 SHIRLEY MOORE
HM3 GENE SCHAFER
HM3 DEBRA LEDFORD
HM3 ODIS DAUGHRITY
HM3 JOHN DAECH
HM3 WARREN MACK
HN JOHNIE MURFIN
HN CYNTHIA HORVATH
HN NORMAN JOHNSON
HM3 TIM EIFRID

Crossword



ACROSS

1 Unexcused
absence

5 Tour of

9 Warehouse refusal
12 Marine mammal

14 Ascetic

15 Decorative
16 Donor

18 Roman pin

19 Adam's Son
21 Schuss

23 Curve

34 Palm leaf
25 Rich colors

27 with the

Commander
30 Spanish fruits

34 Keep in same job

35 Lofty
36 General direction

38 Pen

39 Bishopric
42 Proposed

43 God of war

(Greek)
45 Egyptian skink

47 Dwell

49 Year
51 Requisition

55 Oleoresins

56 Beast
57 Primary school

58 Scarlett's home

(abb.)
58 Scarlett's home

6 Forearm bone

7 Follow
8 Peruvian birds

10 Indigo plant

11 100 Stotinki
12 Units produced

13 Soap-frame bar

17 Within (comb.
form)

19 Medicinal herb

20 Astern (Nat.)
22 Not working

24 New ADP

equipment
25 Commanding

26 Title of respect

28 Obese
29 Ireland (Yar.)

31 Carpenter's tool

32 Ingests
33 Shrewd

37 Catch

39 Storage place
40 Roman official

41 Automobile

flop
43 Gulf by Indian

44 Pay contractor

46 Highest point
48 Woman's Name

50 Intention

52 Candlenut tree
53 Near (Scot)

54 DoD org.

DOWN

1 Beverage
2 Boy's nickname

3 Field parts in
cricket

4 Loyal
5 Patriotic org.

The opportunity is there--take it!

Visit the Education Office



CAPTAIN C.W. BRAMLETT, MC, USN COMMANDING OFFICER
CAPTAIN C.G. BINGHAM, MC, USN DIR., CLINICAL SERVICES
COMMANDER P.E. BENNETT, MC, USN ADMINISTRATIVE SERVICES

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RM3 MARK SMITH ART EDITOR